

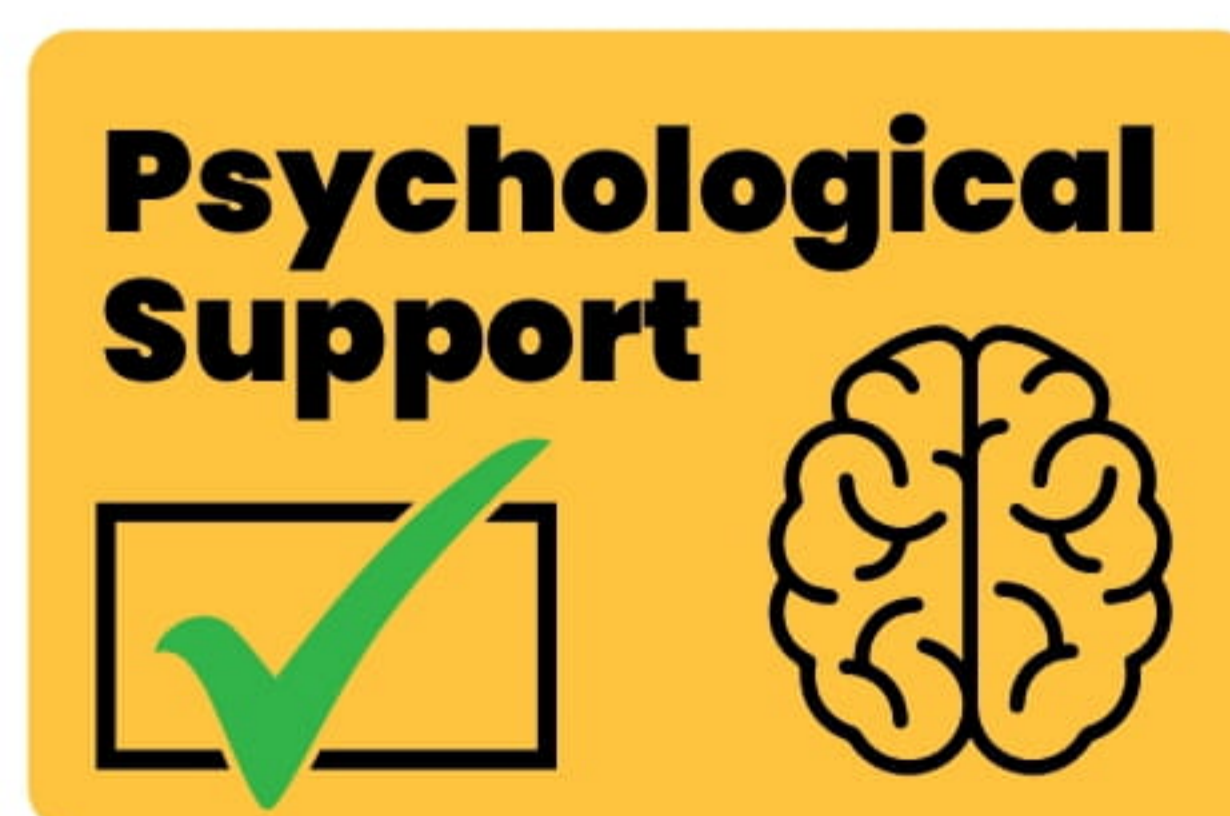
For Mothers Returning to the Workplace:

# FREE Post-Pregnancy Rehabilitation & Support Pilot Programme

A newly launched 'Pilot Programme' for the horseracing industry providing guidance to mothers returning to riding work post pregnancy.

**12 places available initially to work with 'Specialist Rehabilitation Physios'**

Each individual programme includes six sessions with your physio providing a tailored fitness plan, strength & conditioning support and gym work instruction.



For more information on this Programme & to enquire about a place, please contact

**DominiqueTortice@naors.co.uk**

**01638 663411**