

The opportunity

The Trainer Support Network helps trainers to handle the mental and emotional impact of their busy and demanding working life.

Set up by the Racehorse Trainers Benevolent, the Network is breaking new ground with its innovative outreach model of delivery.

Due to a successful funding application, the Trainer Support Network is expanding and is recruiting additional members of the team.

Your role

Taking that first step to ask for support with a mental health issue is sometimes hard. Members of the Network team are there to start a conversation or for trainers to approach informally for a chat. That may be all it takes to relieve some psychological pressure and help trainer to cope. If trainers need additional support, the team knows where they can get that help.

You will be out in the racing community wherever trainers are active – on the racecourse, in racing centres and gallops, at the bloodstock sales.

You will be accessible on the phone and by email to have conversations with trainers.

Your profile

You will be empathetic and a good listener. You are trusted and can maintain complete confidentiality.

You will be knowledgeable about trainers' working lives. You will have a thorough working experience of British horseracing.

You will either already have, or be willing to undertake some basic training in approaches to mental health support (e.g. Mental Health First Aider, Level 2 Certificate in Counselling Skills.)

Geographical coverage

We are recruiting particularly for people to cover the areas of Scotland and the Borders, Wales and Newmarket.

Time commitment

You will be able to commit three days per month to the support network.

Pay

You will receive a daily rate plus expenses. Additional payment is made for follow-up sessions with trainers. More details are available on application.

Contract

You will provide your services as a self-employed contractor.

Applications

Please apply in writing by email to Rupert Arnold at rupert.arnold@outlook.com.

If you would like to discuss the role before applying, please send an email to request a phone call.